

Priority:

10% of children have a diagnosable mental illness and 75% of all adult cases start in childhood.

Improvement:

Commit to recognising child mental health and emotional wellbeing by:

- ◆ Implement a policy through the engagement of children, parents, staff and governors
- ◆ Identify areas for improvement for our children using a World Health Organisation survey
- ◆ Gain the Learning Outside the Classroom (LOtC) Mark highlighting the link between physical and mental well-being

Steps to Success in Headship Project:
 Improve children’s mental health and emotional well-being



Leadership Strategies

Involve Everyone

Give roles, set deadlines and spot genuine interest e.g. Child survey timetable for staff, Specific evidence for LOtC mark

Keep Momentum

Use communication to keep the vision alive e.g. 1:1, staff & governors meetings, emails, letters, newsletters, Collective Worship

Celebrate!

Recognise and share good practise e.g. Great RHS Award thank you. Have you seen our article in the Diocese newsletter on our outside Sacred Space?

Impact:

- ◆ Consultation and ratification of Mental Health and Emotional Wellbeing Policy and a Learning Outside the Classroom Policy
- ◆ Areas identified in the WHO child survey were addressed leading to increases in quantifiable outcomes for children e.g. more rested/sleep, interest in lessons
- ◆ Collation of evidence for the Bronze Award for Learning Outside the Classroom

My Learning:

1. Be enthusiastic
2. Bring everything you do back to the children and your colleagues will respect your motivations
3. Be personally committed to my own physical and mental wellbeing

Great practise

Gain support by communicating my vision and directing interest by delegating objectives

Next time

Complete the child survey before choosing the priority for the school improvement plan